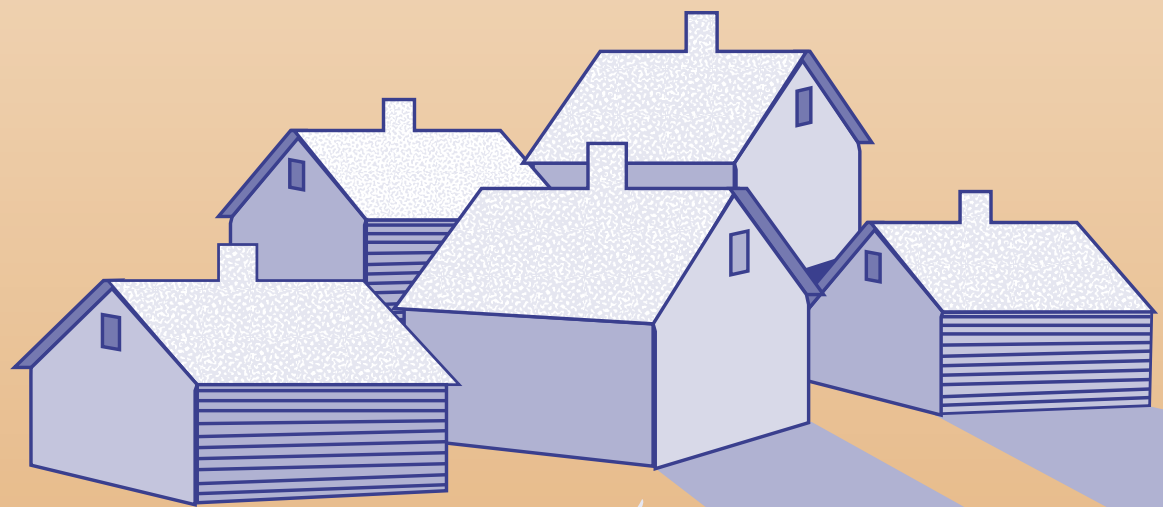


Participate in the Statewide **DROP, COVER and HOLD** EARTHQUAKE DRILL

APRIL 6, 2006 9:45 a.m. to 10:00 a.m.



Washington is Earthquake Country!
Protect yourself by knowing how to
DROP, COVER and HOLD!

DROP — When the ground begins to shake,
drop down on the floor.

COVER — Take cover under or beside a sturdy
piece of furniture, such as a desk, table or
sofa. Protect your head and neck with your
arms. Avoid danger spots near windows,
hanging objects, and tall furniture.

HOLD — If you take cover under a desk or
table, hold on and move with it. Hold that
position until the shaking stops and it is safe
to move.



Tips!

- When in a **HIGH-RISE BUILDING**, get under or beside a sturdy piece of furniture, such as a desk or table. Protect your head and neck with your arms. Do not use the elevators.
- When **OUTDOORS**, move to a clear area away from trees, signs, buildings, or downed electrical wires and poles.
- When on a **SIDEWALK NEAR A BUILDING**, move into a doorway to protect yourself from falling bricks, glass, plaster and other debris.
- When **DRIVING**, pull over to the side of the road and stop. Avoid overpasses and power lines. Stay inside your vehicle until the shaking stops.
- When in a **CROWDED STORE** or **OTHER PUBLIC PLACE**, move away from display shelves containing objects that could fall. Do not rush for the exit.
- When in a **STADIUM** or **THEATRE**, stay in your seat, get below the level of the back seat, and cover your head and neck with your arms.



**WASHINGTON
MILITARY
DEPARTMENT**
***Emergency
Management
Division***

For more information
about earthquake safety,
contact your local
emergency management
office or the state
Disaster Preparedness
Month Coordinator at
(253) 512-7047